



Connaught Heights Herald

Home of the HAWKS!!

November 2018

Interim Principal Janet Grant

Small School, Big Education

Upcoming Events

- **Nov. 1 & 2**
Student-Led Conferences
- **Nov. 2**
Early Dismissal @ 1:30pm
- **Nov. 9**
Remembrance Day Assembly (11am)
- **Nov. 12**
Remembrance Day
School closed
- **Nov. 13 & 27**
PAC Breakfast
- **Nov. 14**
PAC Meeting
- **Nov. 16**
PAC Hot Lunch
- **Nov. 21**
Montessori Information Night
- **Nov. 26**
Pro-D Day
Student do not attend
- **Nov 30 – Dec 7**
Scholastic Book

Principal's News

Message from the Interim Principal

It's been a great month of learning at Connaught Heights Elementary School! We've had the opportunity for teachers to collaborate and co-teach in classrooms and our wonderful staff continue to work hard to support the learning needs of our students.

As a staff, we have been working on a brand new *School Learning Plan* that outlines our goals and objectives that we have prioritized to enhance and promote student learning in the months to come. At our next staff meeting on November 7th, we will review the plan once more and then we look forward to sharing it with the school community.

And, speaking of school community, I must say that I'm so impressed with the Community Breakfasts that are so generously offered by the Parents' Advisory Council. What a wonderful way to start the day with a delicious breakfast prepared by our parent volunteers. If you want to help out at these breakfasts (offered every second week!), please let our PAC Executive know or just come and help out! Everyone is welcome and this is such a wonderful way to bring our school community together!

On Friday, November 9th at 11 a.m. we will be having our Remembrance Day Ceremony. We invite all parents, grandparents and other family members to attend this service as we remember and honour all those who have made tremendous sacrifices over the years for our freedom.

As always, please do not hesitate to call or drop by the school if you have any questions or comments.

Yours sincerely,
Janet Grant



School Vision

At Connaught Heights, we want all learners in our school community to be open-minded, creative risk takers who nurture a love of learning.

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BELL SCHEDULE

Grades K-5

8:48 a.m. Warning Bell

8:50 a.m. Instruction

10:30 a.m. Recess

10:45 a.m. Instruction

12:25 p.m. Lunch

1:15 p.m. Instruction

2:48 p.m. Dismissal

STUDENT-LED CONFERENCES

Thursday, Nov. 1
Afterschool
(Regular school day)

Friday, Nov 2
EARLY DISMISSAL
@ 1:30pm

Please see classroom teacher for Student-Led schedules

Inclement Weather

As winter is approaching, we would like to remind parents that all schools in the New Westminster School District will remain OPEN, if at all possible, during inclement weather including snowfalls.

In rare instances where a school closure is warranted, the decision will be made by 6:30 a.m. at the latest and will be announced over the radio stations **CKNW AM 980** and **CKWX AM 1130**. Phone calls will also be made to parents who are part of our School Messenger Automated Calling System.

Student safety is our priority and we ask that if a parent/guardian feels that a child cannot travel safely to school, then they should make alternate arrangements for their child. Student absences due to unsafe travel to school during inclement weather conditions will be excused. We also encourage parents to make advance alternate plans in the event of an unexpected school closure.

If you have any questions, please contact Janet Grant.

Playground Redevelopment Open House

The City is holding a second open house to present options and receive feedback on a preferred plan for the Connaught Heights Park Playground. They would like to invite residents, students, park users and others who have an interest in the community to attend this event. Please see flyer on page 8 for more information.

Wednesday, November 14th
4:30 – 6:30pm Connaught Library

Registered Education Savings Plan

Family Services of Greater Vancouver is providing support to families to access free education savings through the federal Canada Learning Bond. Families who qualify can set up a **Registered Education Savings Plan** with up to \$3,200 in free education savings to help pay for their children's post-secondary education. If you have any questions about this program, please contact Rocio Vasquez at RESP@fsgv.ca or 604 368 2496.

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REMEMBRANCE DAY CEREMONY

The Remembrance Day Ceremony will take place in the Connaught gym starting at **11:00 am on Friday, November 9**. This special ceremony will be led by student MCs. We expect it to be a moving celebration of remembrance and gratitude.

Family members are welcome to join us for our Remembrance Day Ceremony. Please be ready to come into the gym at 11:00 am sharp. Poppy donations will be gratefully received and passed on to the Royal Canadian Legion, which uses the funds to support Canadian veterans.

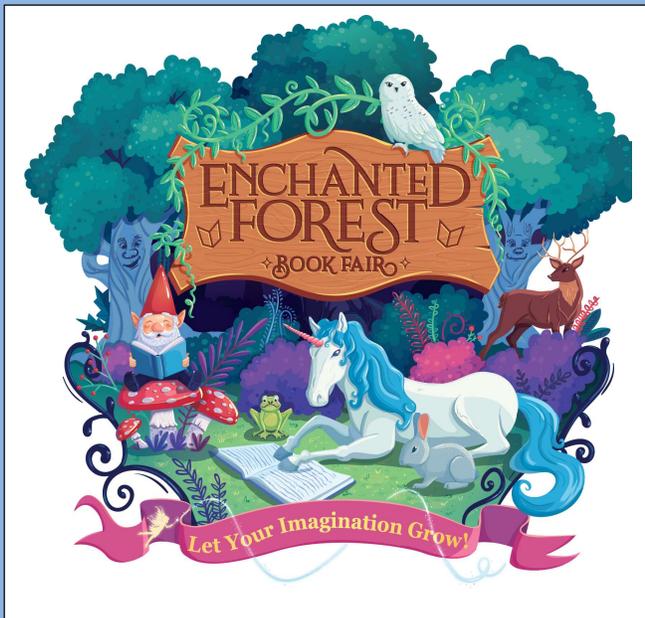


Scholastic Book Fair

Our annual book fair will be held this year from

November 30 – December 7

Perfect timing for some holiday shopping!



Pro D Day

Monday, November 26

Students do not attend

PAC COMMUNITY BREAKFASTS

Tuesday, November 13 & 27

8:15am

Gymnasium doors

EVERYONE WELCOME!

We Scare Hunger

At Connaught, we like to Scare Hunger at Halloween by collecting non-perishable food items to donate to the Purpose Society in New Westminster! We have a table set up outside the office and will be collecting until November 2nd. We are proud to be able to support New West families in need.

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SCHOLASTIC BOOK FAIR

The **Scholastic Book Fair** is coming from Friday, November 30th to Friday, December 7th. This is an excellent opportunity to purchase quality books in time for the holidays. Please mark these dates in your calendar and consider supporting our school library as all proceeds go toward purchasing books for our school library.

HEALTHY CLASSROOM CELEBRATIONS

Fun and health can go together, especially for celebrations where activities, food and lessons can positively contribute to health and happiness of students. At Connaught Heights, we strive to create a healthy environment especially when it comes to food and special activities. We also strive to provide an inclusive environment for all our students. While there is absolutely no obligation to do so, before sending celebration treats to school please **have a discussion with your child's classroom teacher**. Since we have students with serious allergies and we don't want to overload students with treats, please consider the following alternative options:

- Instead of candy or cupcakes, what about stickers, pencils, or small notepads?
- Consider fresh fruits or vegetables;
- Instead of homemade baked goods, consider individual prepackaged foods with a clear ingredients label;
- Donate a book to the school library or donate seed packets or an easy-care plant for the classroom;
- Consider dried fruit; or
- Bring bagged popcorn.

Thank you for your support in providing a celebration-safe environment for all students.

REMEMBRANCE DAY

November 12th
(School Closed)



MONTESSORI PARENT NIGHT

Why choose Montessori for your child?

If your child is entering Kindergarten in September 2019, one of the important decisions you will make is whether you want to put in an application for your child for Montessori. Parents of students entering grades 1-5 are also welcome to attend. What is the program like? What can my child expect? What is the Montessori philosophy? One way to help answer these questions is to attend the information meeting on:

Wednesday, Nov 21st, 2018

6:30pm to 7:30pm

McBride Elementary School

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REMINDER ABOUT WHEN TO KEEP YOUR CHILD AT HOME...

If your child:

- ❖ Has a fever;
- ❖ Is too sick to take part in all normal school activities;
- ❖ Has a suspected or known communicable disease (i.e. Strep throat, pink eye, chicken pox or any other undiagnosed rash).

Please keep them home until they are no longer infectious.

School Zone Safety Tips

Below are a few tips to help keep children safe on the road this year:

1. Drivers should slow down and watch out for kids, paying particular attention near schools zones on weekdays.
2. Don't drive distracted. Pay close attention and be ready to react.
3. Let kids out on the side of the car closest to the side of the sidewalk and use extra caution in adverse weather conditions.
4. Students should always find a safe place to cross the road, an example being the crosswalk.
5. Kids should stay off their cell phones or electronic devices while crossing the street.
6. A safe route should be planned and kids should always walk with a friend.
7. Teach your kids to look out for parked cars that may pull out or start moving when they don't expect it.
8. Make sure your kids wear bright or reflective clothing so they can be easily seen.
9. If your child rides their bike to school, make sure they always wear a helmet and clothing with reflective strips and equip their bike with lights, reflectors and a bell. All bike riders should be properly trained to ride a bicycle and understand and obey the rules of the road.

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You're invited to our Community Breakfast!

On **Tuesday, November 13 & 27th, 2018**, the PAC will be hosting a pancake Community Breakfast in the Connaught Heights gymnasium. The breakfast is an opportunity for students to socialize and try new foods and for parents & guardians, it's a chance to socialize and to show your children that you are involved in the school.

Donations are welcome but are not required! Children usually donate \$0.25 and parents donate \$1.00. The money pays for the groceries and is used to help fundraise for school projects. But don't let the donation stop you! If you're hungry, come on in!

Volunteers are needed! Please email chpacchair@gmail.com for more information.



TUESDAY, November 13th & 27th @ 8:15 – 8:45 am
Hope to see you there!

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Upcoming December Events

- ❖ Book Fair
- ❖ Jingle Bell Jog
- ❖ PAC Breakfast
- ❖ Winter Concert
- ❖ Term 1 Report Cards
- ❖ PAC Hot Lunch
- ❖ School Closes for Winter Break



November 2018

SUN	MON	TUES	WED	THURS	FRI	SAT
				1 Student Led Conferences	2 Early Dismissal @ 1:30 pm Student Led Conferences	3
4	5	6	7 Fire Drill	8	9 Remembrance Day Assembly 11:00 am	10
11	12 Remembrance Day Holiday - No School	13 Community Breakfast	14 PAC Meeting Public Open House Meeting	15	16 PAC hot lunch	17
18	19	20	21 Montessori Info Night McBride	22	23 Fire Drill	24
25	26 Pro D - No School	27 Community Breakfast	28	29	30 Scholastic Book Fair Begins PAC Event	

PAC INFORMATION

PAC Meeting: Wednesday, November 14th at 6:30pm

PAC Hot Lunch: Friday, November 16th

PAC Craft Night and Scholastic Book Fair: Nov.30

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CONNAUGHT HEIGHTS PARK PLAYGROUND REDEVELOPMENT

Public Open House #2

DATE: Wednesday, November 14th, 2018

TIME: 4:30-6:30 pm

LOCATION: Connaught Heights
Elementary School
2201 London Street

*We will be set up in the library.

The City is holding a second open house to present options and receive feedback on a preferred plan for the Connaught Heights Park Playground, located at 2138 Ninth Avenue.

The park options being presented were developed from the imaginative ideas and input provided by the community at the first open house and the kids' design workshop in June 2018.

We invite residents, students, park users and others who have an interest in the community to attend this open house and help select the preferred features for the new playground. We want your feedback, so please stop by and speak with us!

Please visit
www.newwestcity.ca/chpp
for more information.

If you have any questions, please contact:
Erika Mashig
e: emashig@newwestcity.ca


NEW WESTMINSTER

Connaught Heights Herald



New Westminister School District No. 40

CONNAUGHT HEIGHTS ELEMENTARY 2018 - 2019 SCHOOL CALENDAR

LENGTH OF SCHOOL DAY		
	Start	End
Welcoming Bell	8:48 a.m.	-
Instruction	8:50 a.m.	10:30 a.m.
Recess	10:30 a.m.	10:45 a.m.
Instruction	10:45 a.m.	12:25 p.m.
Lunch	12:25 p.m.	1:15 p.m.
Instruction	1:15 p.m.	2:48 p.m.
Dismissal	2:48 p.m.	-

CONNAUGHT HEIGHTS REVISED CALENDAR

Date	Event	Explanation/Purpose
2018		
Tuesday, September 4	School Opening / PAC Welcome Coffee	Partial day 8:48 – 9:50am
Friday, September 14	Individual Photos	
Wednesday, September 19	PAC BBQ	
Friday, September 21	Curriculum Implementation Day	Students do not attend
Thursday, September 27	Terry Fox Run	
Friday, September 28	Orange Shirt Day	
Wednesday, October 3	Collaboration Day	Shortened day 8:48 – 11:30
Monday, October 8	Thanksgiving Day Statutory Holiday	School closed
Friday, October 19	Provincial Pro D Day	Students do not attend
Monday, October 29	Photo Retakes	
Thursday, November 1	Student Led or 3 way conference	After School
Friday, November 2	Student Led or 3 way conference	Early Dismissal - 1:30pm
Friday, November 9	Remembrance Day Assembly	
Monday, November 12	Remembrance Day Statutory Holiday	School closed
Monday, November 26	Non-Instructional Day	Students do not attend
Friday, November 30	PAC Community Craft Event and Bake Sale	
November 30 - December 7	Scholastic Book Fair	
Thursday, December 13	Concert	
Friday, December 14	Reports Home – Term One	
December 24, 2018 – January 4, 2019	Winter Vacation	School closed
2019		
Monday, January 7	Schools reopen	
Wednesday, February 6	Collaboration Day	Shortened day 8:48 – 11:30
Monday, February 18	Family Day	School closed
Friday, February 22	Non-Instructional Day	Students do not attend
Wednesday, February 27	Pink Shirt Day	
Friday, March 15	Reports Home – Term Two	
March 18 – March 29	Spring Break	School closed
Monday, April 1	Schools reopen	
Friday, April 19	Good Friday Statutory Holiday	School closed
Monday, April 22	Easter Monday Holiday	School closed
Monday, April 29	Non-Instructional Day	Students do not attend
Thursday, May 2	Student Led or 3-way Conference	After School
Friday, May 3	Student Led or 3-way Conference	Early Dismissal – 1:30pm
Friday, May 17	Non-Instructional Day	Students do not attend
Monday, May 20	Victoria Day Statutory Holiday	School closed
Tuesday, May 28	Class / Panorama Photos	
Friday, June 7	PAC Carnival	
Wednesday, June 12	Welcome to Kindergarten	
Friday, June 21	Sports Day	
Thursday, June 27	Last Day for Students – Reports Home	Dismissed at 1:45pm
Friday, June 28	Administration Day	Students do not attend



Kids New West

is hosting a Health Fair to celebrate
National Child Day

Over 17 organizations will be providing information about their services and what they offer to families. For the full list of Exhibitors go to <http://kidsnewwest.ca/>

Connecting People to Services

Saturday, November 17, 2018

1:00 – 4:00 pm

Centennial Community Centre

65 East Sixth Avenue
(next to Canada Games Pool)

PRESENTERS:

Dr. Kimberley Da Silva is a Registered Psychologist, who specializes in treating social, behavioural and emotional issues in children and teens including: depression, selective mutism, anxiety disorders such as separation anxiety, generalized anxiety disorder, specific phobias, social anxiety disorder, and obsessive-compulsive disorder.

Dr. Kimberley Da Silva
Preschool and Anxiety Issues
•Separation; Bed-time; Sleep
1:00 - 2:15 pm

Middle Years and Social Anxiety
2:45 – 4:00 pm

Caroline Klemens
Challenges Feeding Young Children
1:05 – 1:35 pm

Credit Counselling Society
Raising Financially Fit Kids
2:00 – 3:00 pm

Family Services of Greater Vancouver
Community Kitchen 2:15 – 2:45 pm

Alexandra Inman
Nutrition and Children 2:45 – 3:30 pm



Door Prizes, Resource bags and more.

Spaces are limited for the presentations

For more information contact Ramona Manzer at rmanzer@newwestcity.ca

Building Community. Putting Families First

info@kidsnewwest.ca | www.kidsnewwest.ca

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CONNAUGHT HEIGHTS ELEMENTARY SCHOOL

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**Check us out on the
web!**

[http://connaughtheights
school.ca/](http://connaughtheights
school.ca/)

Follow us on Twitter:
@connaughtelem

NEW WESTMINSTER MONTESSORI SOCIETY

The New Westminster Montessori Society supports the public Montessori programs at Richard McBride and Connaught Heights Elementary Schools. The Society is composed of the parents whose children are in Montessori preschools and elementary schools in New Westminster.

Please send any inquiries to info@newwestmontessori.ca

Connaught Heights PAC

The Parent Advisory Council (PAC) is an open group who represent the parents and students of the school. They meet regularly throughout the year and provide an opportunity for families to be involved in their child's school life. The PAC provides parents/guardians with a voice to liaise with school staff and the Principal. Your involvement is welcomed and encouraged. Dates for PAC meetings are usually the third Wednesday of every month in the evening at 6:30pm in the school library.

Parents' Advisory Council (PAC) is looking for a parent to serve as the *District Parents' Advisory Council Representative (DPAC)*. This would require attending a monthly DPAC meeting on behalf of our school and then reporting information updates at our PAC meeting. There is also the opportunity to share all the wonderful initiatives that are happening at our school with schools throughout the district. If you are interested, please e-mail our PAC Chair at chpacchair@gmail.com

Mosaic Settlement Workers in Schools (SWIS)

Settlement Workers, employed by Mosaic, provide information and services for newcomer families and youth with Permanent Resident status. We help families to adapt to life in Canada through 1-on-1 consultations, workshops for children, parents, grandparents, field trips, volunteering opportunities for adults and youth, and leadership training for youth.

Services and supports are available in different languages such as: Tagalog, Korean 한국어, Mandarin 普通话, Farsi and Turkish

Interpretation can also be arranged if necessary

For more information, please contact: Maniya Rafiei
PH: 778-386-8311 Email: mrafiei@mosaicbc.com