



PAC COMMUNITY BREAKFAST



Dear Connaught Heights parents and guardians,

The PAC is pleased to announce that we will be running our Community Breakfast again this year **every other Tuesday** beginning **next Tuesday Oct 2**. Please come join us for a healthy breakfast including whole wheat pancakes, fruit, yogurt and cereal. Donations are welcome but not required, any monies collected go towards purchasing groceries.

We cannot run this program without parent volunteers. [We have many volunteer positions to fill, the following is a list of times you can come help.](#) Please bring your children as we have many volunteer positions for them as well.

7:30 - 8:15 - Set up chairs and tables, make pancake batter, cook pancakes, cut and plate fruits, make coffee, set up plate and cutlery station

8:15-8:45 - serve food, continue making pancakes, visit with friends and family

8:45 - 9:15 - Wash dishes, put away tables and chairs, clean up gym

If you can participate for any all of these times please email: chpaccochair@gmail.com

***Please see flyer for details** [BREAKFAST 2018-4.pdf](#)

- Your Connaught Heights Parent Advisory Council