

VOICES OF NATURE

Holly Arntzen/Stephen Foster

Sun is shining...everything is so dry
Voices of nature sing for every living thing
Weather report says
it's another record high
Voices of nature sing for every living thing
In the rainforest thirsty cedar trees sigh

CHORUS

Sing for rain, Sing for sunshine
Just enough at the right time
Voices of nature sing for every living thing
Sing for snow on the mountains
Flocks of birds beyond counting
Voices of nature sing for every living thing

Not enough water... people go to war
Do you hear meadowlarks
calling any more?
Disappearing wildlife...
what are we fighting for?

CHORUS

Drought on the prairies...
and in Afghanistan
Will we keep pumping oil...
as fast as we can?
Changing weather, making deserts...
turning soil into sand

CHORUS

The Wilds:

Holly Arntzen - vocals/dulcimer/keyboards
Kevin Wright - vocals/cajon

Produced by

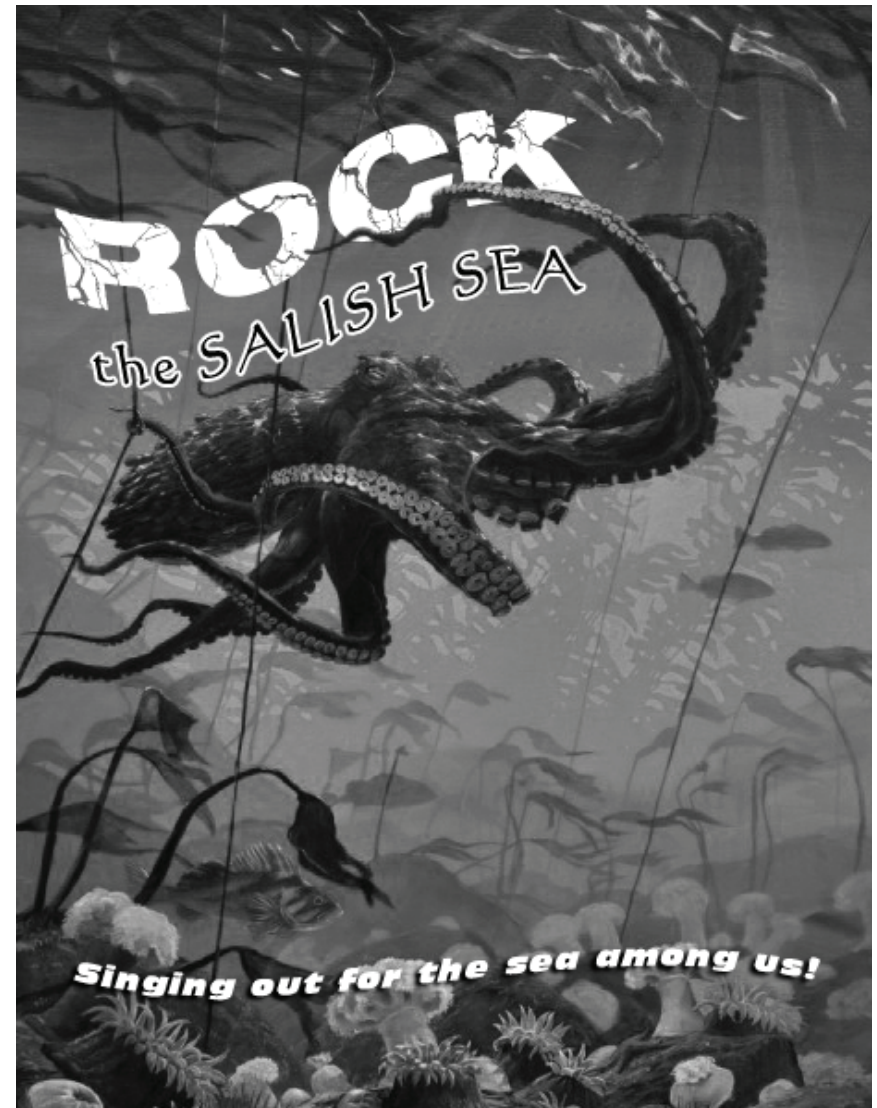


Illustrations by Donald Gunn

Cover artwork - Free Falling by Mark Hobson

Special thanks to:

- The Connaught PAC for your support of this program;
- Jennifer Scorda, Sara Fox and the staff and students at Connaught Elementary School
for all the hard work you've done to prepare for this concert. You guys rock!!!



Featuring the singers from
Connaught Elementary
Holly Arntzen - Kevin Wright
The Wilds

May 18, 2023



We dedicate Rock the Salish Sea to...

...the beautiful watersheds that we call home, who's rivers and streams drain into the Salish Sea. By being good watershed stewards we all help to protect our inland ocean.
... the schools and inspired teachers who support their

students learning and singing songs, and performing for families.

...the community groups and dedicated people who work so hard to restore habitats. Please support their vital work that nurtures biodiversity and wildlife.

The name "Salish Sea" refers to the Strait of Georgia (in Canada), and Puget Sound and Strait of Juan de Fuca (in the United States). The birds, fish and plants don't observe international boundaries; they move freely wherever they need to go, to find food and breed. In order to protect their habitats we must work together to protect the entire inland sea. The Sea is historically defined by the language boundaries of the Salish-speaking Indigenous peoples who have occupied this region for thousands of years.

Each year, Rock the Salish Sea school programs and concerts put thousands of students in a leadership role to inspire their families and communities to protect this amazing ecological treasure, the Salish Sea.

We sing our songs and hope to inspire action for the Salish Sea and the world, through education, outreach and conservation. We can do this. It is not an impossible dream. Everyone lives in a watershed! Thank you for being here!



We all live in a watershed!

Let's take care of it!



BC Used Oil Management Association (BCUOMA) is a not-for-profit group dedicated to the collection and recycling of lubricating oil, oil filters and containers, antifreeze and antifreeze containers in BC. Its goal is to provide British Columbians with an eco-friendly and cost-effective way to dispose of these materials and be good watershed and ocean stewards.

Did You Know?

More than two thirds of the lubricating oil and all the antifreeze collected in BC is turned into new lubricating oil and antifreeze. Recycling lubricating oil and antifreeze keeps these products out of storm drains, waterways and oceans.

For more information, please visit www.bcusedoil.com



MR. DOUGLAS

Holly Arntzen/Kevin Wright

I've been around since before Ghengis Khan
And the first book published in China
In the olden days, in the time of crusades
I was born in Koksilah
I was just four hundred when the Vikings sailed
And first set foot in North America
First Nations saw white guys... with blue eyes
I was there through it all

CHORUS

They call me (they call me)
Mr. Douglas (Mr. Douglas)
I get respect, cos' you know
When you get this old
They call you (they call you)
Mr. Douglas (Mr. Douglas)
One of the oldest living things
on Earth

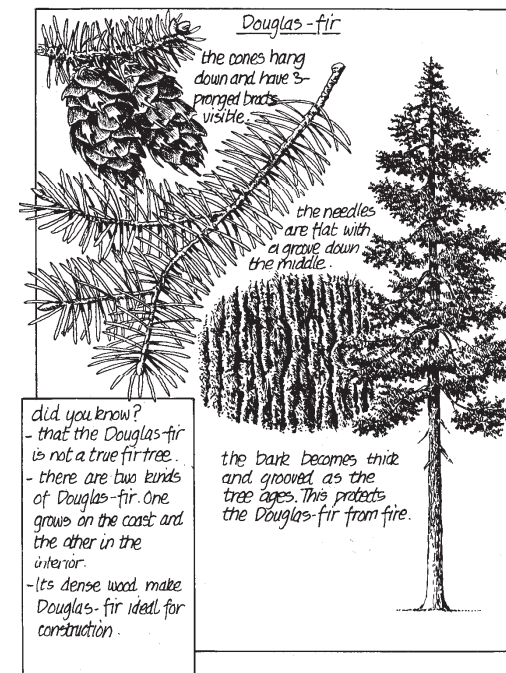
I'd been around
for eight hundred years
When Columbus crossed
the Atlantic
And when the African Queen
made it up on the screen
By then I was totally gigantic
Hurricane winds in the
Cowichan Valley
Were howlin' through the grove
I stood my ground
while my friends were
blown down
I was there through it all

CHORUS X2

Many brothers have fallen
To machines and attitude
There used to be so many of us...
but now so few

CHORUS X2

Search Mr. Douglas on Youtube!



The Douglas Fir tree that inspired this song was born on Koksilah Ridge on Vancouver Island in 640 AD. It lived through over 1300 years of historical events until it was finally blown down in a storm in the 1960s. But now the biggest problem for ancient forests isn't storms. It's that so many of them have been cut down. In British Columbia less than 1% of the original coastal Douglas Fir old-growth forest remains. The tree we call Mr. Douglas still stands today, and he is definitely an endangered species.

BIG CHANGE STARTS SMALL

Holly Arntzen/David Sinclair

Something I've heard people say
Something I've heard people say
"Eat an apple every day"
"Eat an apple every day"
it's good for you and tastes so sweet
it's good for you and tastes so sweet
Whatcha gonna do with the core and seeds?
Whatcha gonna do with the core and seeds?

Chorus

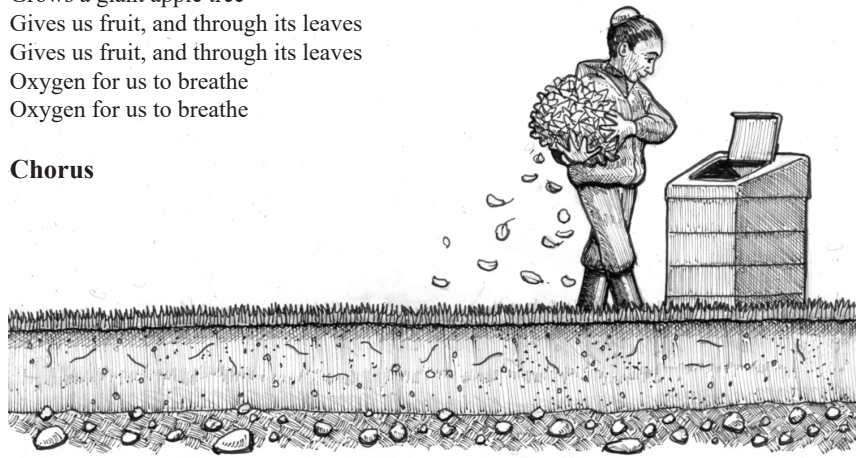
Compost bin is for your grass and leaves
Banana peel and apple core
I believe big change starts small
Throw it in, make soil not war

Earthworm, fungi, millipede
Earthworm, fungi, millipede
Soil is made by such as these
Soil is made by such as these
Kitchen scraps to fertile ground
Kitchen scraps to fertile ground
That's the way the world goes round
That's the way the world goes round

Chorus

From a single tiny seed
From a single tiny seed
Grows a giant apple tree
Grows a giant apple tree
Gives us fruit, and through its leaves
Gives us fruit, and through its leaves
Oxygen for us to breathe
Oxygen for us to breathe

Chorus



JOURNEY OF A RAINDROP!

SOLAR ANGEL

Holly Arntzen/Kevin Wright

CHORUS

Solar angel lights up the sky
Ancient starlight streaming on high
Power together, sun, wind and tide
Solar angel... energy is life

Each year is the hottest ever
Nature's going crazy, so is the weather
Wildfires, floods, droughts and hurricanes

Sea level rising, fish in the streets
Failing crops, climate refugees
Age-old rhythm of seasons being changed

CHORUS

Can you imagine a greater freedom?
We're restoring the garden of Eden
I believe in this renewable revolution

We have a dream and it's attainable
If it ain't fun it's not sustainable **
Come on people now – lend your hand to
solutions

CHORUS

CHORUS

**With thanks to Guy Dauncey for kind
permission to use this line.
Visit www.earthfuture.com for great
information about a sustainable energy future.



THE WATERSHED SONG

Holly Arntzen/Kevin Wright/David Sinclair

CHORUS

In the watershed rain comes down into the river, into the sea
And we hope from our elders a healthy world for us to keep
Oh – oh – oh – oh

Habitat - Conservation
Climate change - Revelation
Conscious - Destination
That's the only way

CHORUS

This watershed is changing; some things will never be the same
Winning too slowly is the same as losing when it comes to climate change

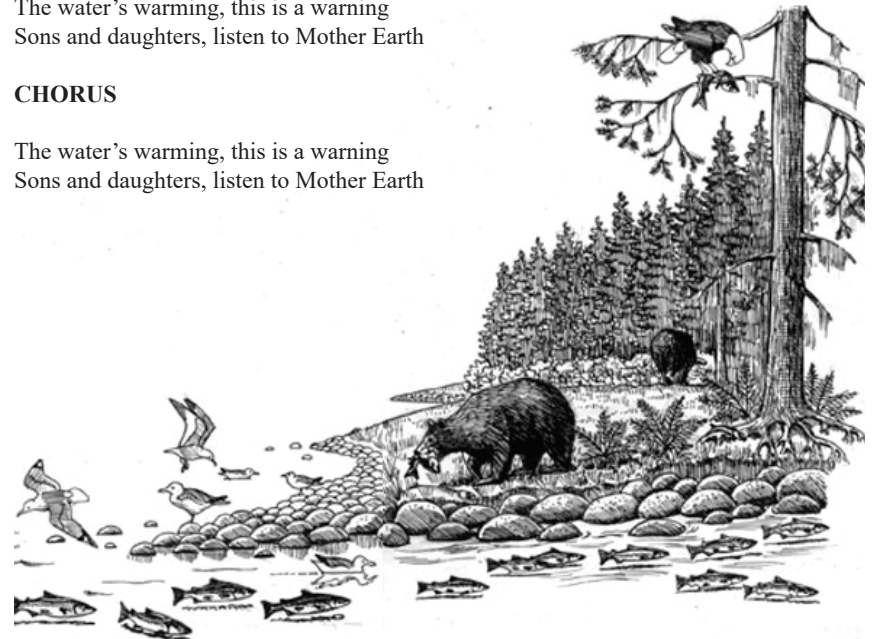
Ocean - Devastation
Are we seeing - Adaptation
One Earth - One nation
That's the only way

CHORUS

Salmon run up the Fraser to the Nechako and Quesnel
The Tsihquo'tin is full to bursting, and the Seton is running well
The Brunette and Silverdale Wetlands welcome their children home
The water's warming, this is a warning
Sons and daughters, listen to Mother Earth

CHORUS

The water's warming, this is a warning
Sons and daughters, listen to Mother Earth



LIFE CYCLE DANCE

Holly Arntzen/Stephen Foster

Chorus 1:

Stomp your feet
Clap your hands
Everybody do a life cycle dance
Bow to the sun
Bow to the moon
Twirl with the season and tides in tune

Swim like a fish
Fish like a bear
Soar like an eagle in the air

Chorus 1

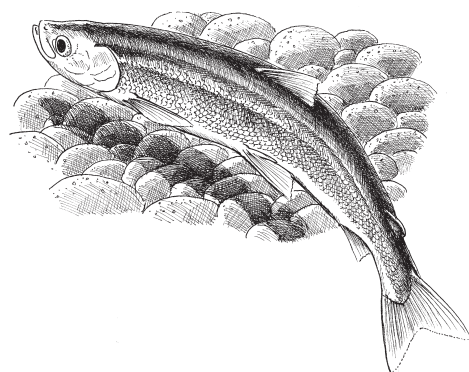
Stand like a tree
Roots grow down
Take food and water from the ground
Reach for the sun
Rustle your leaves
Sway in the air we all breathe

Chorus 2:

Stomp your feet
Clap your hands
Everybody do a life cycle dance
Bow to the sun
Bow to the sea
Twirl with the river, lake and stream

Run like a marmot
Leap like a frog
Flit like a dragonfly in the bog
Dive like a hummingbird
Wriggle like a grub
Swoop like a swallow
chasing bugs

Chorus 2



TIRE Stewardship BC

New value from old tires

Prior to 1991, there was no program in place to recycle tires. They got dumped in landfills, where they took up a lot of space and didn't break down. Or they were burned in open pits, which put toxic emissions into the atmosphere.

Or they got left lying around in our environment, and were eyesores.

In January 2007, Tire Stewardship BC (TSBC) launched the new scrap tire recycling program, replacing the government-run program that had been in place since 1991. Now, approximately 55,000 tonnes of scrap tires are diverted annually from landfills, which roughly equates to one tire per person in BC. The success of the program was celebrated in 2021 when TSBC reached its 100 millionth tire recycling milestone — enough to form a single line of tires stretching around the Earth at the equator—TWICE!

TIRE DROP OFFS

Did you know there are over 700 retail locations in BC that will take back old tires at any time of year? Find the closest location to you at tsbc.ca

What happens to scrap tires?

Recycled tires are turned into:

- playground and athletic surfaces.
- resilient flooring in recreational facilities such as gyms and running tracks.
- flooring and mats for agricultural and industrial use.
- coloured landscaping mulch.

The rest are used as a fuel supplement in the cement and pulp and paper industries.



Almost 100% of the scrap tires generated are collected from all across the province and processed in Delta, BC. The majority are recycled into crumb rubber, which are granules of rubber with the steel and fibre removed. Crumb is then used to create a variety of products.